

**May 13, 2020**

## **St. Louis County Department of Public Health COVID-19 Update**

### **Business Specific Guidance Available**

Together, in coordination with the City of St. Louis and the Economic Development Partnership, business operating guidelines for the entire St. Louis Region have been released and posted online. The following protocols can be found at [stlcorona.com](http://stlcorona.com).

- Hotels
- Commercial Office Building Operations
- Restaurant (with dine-in) Operations
- Transportation Services
- Business Office Operations
- Construction, Manufacturing and Repair Services
- Personal Services
- Retail Operations

Individual businesses can ask specific questions about how the guidance applies to their business by emailing [business-covid@stlouisco.com](mailto:business-covid@stlouisco.com).

### **Anxiety and Assistance**

It is normal to be worried and stressed during times of crisis. While worry is a part of anxiety, people with anxiety tend to experience more exaggerated feelings of worry and tension. Some common symptoms include:

- Uncontrollable worry or dread
- Stomach and digestion problems
- Troubles with concentration, memory or thinking clearly
- Increased heart rate
- Changes in energy; difficulty sleeping
- Irritability and/or restlessness

Resources are available to help guide and walk along side you during these unfamiliar, and difficult times. Additional information regarding resources and assistance can be found [here](#).

### **Dignified Transfer Center**

The Dignified Transfer Center is currently accommodating 1 decedents. 51 additional individuals have been through the center and transported to a crematorium or funeral home, at the request of family. To date, 52 individuals have entered the Dignified Transfer Center.

### **Contact Information**

The Missouri Department of Health and Senior Services hotline can be reached at (877) 435-8411. The St. Louis County website dedicated to the dissemination of information relating to COVID-19 is [www.stlcorona.com](http://www.stlcorona.com). Please visit that website or those belonging to the Center for Disease Control (CDC) or the World Health Organization (WHO) for the most current and reputable information.

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